

How Much Formula Should I Issue?

The following table is designed to help you issue an amount of formula close to the amount the baby is taking. The table is based on the can size of WIC's standard formulas (94 - 95 oz.). For other can sizes, divide the number of ounces needed based on the number of ounces each can makes. The table is based on 31 days per month.

If the baby is drinking...	Total amount per month	Number of Cans to Issue
4 oz./day	124 oz.	2 cans **
6 oz/day	186 oz.	2 cans **
8 oz./day	248 oz.	3 cans
12 oz./day	372 oz.	4 cans
16 oz/day	496 oz.	6 cans
20 oz./day	620 oz.	7 cans
24 oz/day	744 oz.	8 cans
28 oz/day or more	868 oz.	10 cans

** Assess if the mother would prefer receiving the enhanced food package vs. this small amount of formula